



## ENGLISH & THE JUICE

### 🍊 TOPIC: TEXTUAL EVIDENCE

#### FOR TEACHERS

The Juice is the perfect partner to provide informational text examples on a daily basis M-F. While this classroom kit is focused on one specific standard, the Juice provides standard alignment for many more standards not featured in this kit.

#### READING STANDARDS FOR INFORMATIONAL TEXT 6-8

6 — Cite textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

7 — Cite several pieces of textual evidence to support analysis of what the text says explicitly as well as inferences drawn from the text.

8 — Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.

#### THE JUICE ARTICLES USED

Headed Back to School? Doctors Offer Tips on How to Rest Up

CDC Report: Over Half of Average US Diet is Ultra-Processed Foods

#### BIG QUESTION

What is the difference between explicit and implicit information pulled from a text?

## BEFORE YOU READ

WHAT DOES IT MEAN IF A TEXT EXPLICITLY STATES SOMETHING?

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HOW DO YOU PULL EVIDENCE FROM A TEXT FOR SOMETHING THE TEXT SAYS EXPLICITLY?

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HOW CAN YOU DRAW AN INFERENCE FROM AN INFORMATIONAL TEXT?

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HOW DO YOU PULL EVIDENCE FROM A TEXT FOR AN INFERENCE YOU ARE MAKING?

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COMPARE AND CONTRAST: WHAT ARE THE SIMILARITIES AND DIFFERENCES BETWEEN THINGS EXPLICITLY STATED IN THE TEXT AND INFERENCES DRAWN FROM THE TEXT?

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DURING THE READING

HEADED BACK TO SCHOOL? DOCTORS OFFER TIPS ON HOW TO REST UP

WHAT DOES THE TEXT EXPLICITLY SAY ABOUT THE AMOUNT OF SLEEP A TEENAGER SHOULD BE GETTING?

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WHERE DOES THE TEXT SAY THAT?

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WHAT CAN YOU INFER BASED ON THE TEXT ABOUT WHAT MIGHT BE AFFECTING TEENS' SLEEP TIME?

Remember: Don't pull something explicitly stated

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WHAT PART OF THE TEXT OR GRAPH HELPED YOU MAKE THAT INFERENCE?

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WRITE A CITATION FOR THE ARTICLE:

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DURING THE READING

CDC REPORT: OVER HALF OF AVERAGE US DIET IS ULTRA-PROCESSED FOODS

WHAT DOES THE TEXT EXPLICITLY SAY ABOUT ULTRA-PROCESSED FOODS?

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WHERE DOES THE TEXT SAY THAT?

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WHAT INFERENCE CAN YOU MAKE ABOUT HEALTH IN RELATION TO ULTRA-PROCESSED FOODS?

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WHAT PART OF THE TEXT OR GRAPH HELPED YOU MAKE THAT INFERENCE?

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WRITE A CITATION FOR THE ARTICLE:

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AFTER READING BOTH

WHAT TYPE OF EVIDENCE IS EASIEST FOR YOU TO FIND IN THE TEXT? WHY IS THAT THE EASIEST FOR YOU?

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HOW DO YOU MAKE SURE THAT THE INFERENCE YOU ARE MAKING IS BASED ON TEXTUAL EVIDENCE?

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WHAT CONNECTION CAN YOU MAKE BETWEEN THE TWO ARTICLES YOU READ?

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## FOR TEACHERS

## BEFORE THE READING

Make sure students have a clear understanding and definition of what explicit means in the context of informational texts. Remind students that inferences should not be made without the support of the text. Support the students with examples before beginning.

## DURING THE READINGS

Make sure students are quoting the text in their supporting evidence. If you find that a student has an incorrect inference or conclusion, ask them to show you where they saw that in the text. Asking leading questions to help them see the lack of support or connection between their inference and the text.

## AFTER THE READING

Let the students share opinions and then make connections between the texts. Students should see the health connection between the two texts, but ask leading questions as needed to help them see how there are similarities and differences.

## EXTEND

Let the students create their own slides to “teach” the concepts to a classmate. Allow the students to share their slides with their peers.

**CITATION INSTRUCTION**

Let's look at how you should be citing articles from The Juice. Below, you will find examples utilizing the 3 most common citation formats - MLA, APA, and Chicago style.

**MLA Citation** 

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The Juice Staff. "Blinken in Middle East Pushes for Ceasefire and Lasting Peace." The Juice, The Juice Learning, 8 Feb. 2024, thejuicelearning.com.

**APA Citation** 

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The Juice Staff. (2024, February 8). Blinken in Middle East Pushes for Ceasefire and Lasting Peace. The Juice. thejuicelearning.com

**Chicago Style Citation** 

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The Juice Staff. "Blinken in Middle East Pushes for Ceasefire and Lasting Peace." The Juice, February 8, 2024. thejuicelearning.com.



## ENGLISH & THE JUICE

### 🍊 ANSWER KEY: TEXTUAL EVIDENCE

#### FOR TEACHERS

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#### READING STANDARDS FOR INFORMATIONAL TEXT 6-8

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#### THE JUICE ARTICLES USED

Headed Back to School? Doctors Offer Tips on How to Rest Up

CDC Report: Over Half of Average US Diet is Ultra-Processed Foods

#### BIG QUESTION

What is the difference between explicit and implicit information pulled from a text?

## BEFORE YOU READ

## WHAT DOES IT MEAN IF A TEXT EXPLICITLY STATES SOMETHING?

It means the author clearly and directly is stating it. It isn't something that the reader has to infer.

## HOW DO YOU PULL EVIDENCE FROM A TEXT FOR SOMETHING THE TEXT SAYS EXPLICITLY?

You quote where the text makes the clear statement.

## HOW CAN YOU DRAW AN INFERENCE FROM AN INFORMATIONAL TEXT?

Look for clues in the text that point to the same conclusion. Use your background knowledge with the evidence in the text to point to an educated conclusion.

## HOW DO YOU PULL EVIDENCE FROM A TEXT FOR AN INFERENCE YOU ARE MAKING?

Quote the clues and the evidence in the text that supports your inference.

## COMPARE AND CONTRAST: WHAT ARE THE SIMILARITIES AND DIFFERENCES BETWEEN THINGS EXPLICITLY STATED IN THE TEXT AND INFERENCES DRAWN FROM THE TEXT?

Both inferences and explicit statements come from the text. Explicit statements are directly written in the text.

Inferences are conclusions drawn from clues in the text. You can directly point to where something has been stated in the text explicitly, but you have to draw on background knowledge and multiple indirect text clues to support an inference.

DURING THE READING

HEADED BACK TO SCHOOL? DOCTORS OFFER TIPS ON HOW TO REST UP

WHAT DOES THE TEXT EXPLICITLY SAY ABOUT THE AMOUNT OF SLEEP A TEENAGER SHOULD BE GETTING?

All of your kids should be getting around 10 hours of sleep.

WHERE DOES THE TEXT SAY THAT?

"Kids just starting school (ages 3-5) should get 10-13 hours. This includes naps. Those ages 6-12 should average 9-12 hours of shuteye before each school day. The CDC recommends middle and high schoolers (13-17) get 8-10 hours, and those over 18 should get seven or more hours of sleep each night."

WHAT CAN YOU INFER BASED ON THE TEXT ABOUT WHAT MIGHT BE AFFECTING TEENS' SLEEP TIME?

Remember: Don't pull something explicitly stated

Habits that students create during the summer around sleep can bleed into the lack of sleep some students experience in the school year. Some of these habits might be staying up late to watch TV shows or playing video games.

WHAT PART OF THE TEXT OR GRAPH HELPED YOU MAKE THAT INFERENCE?

"Doctors and parents acknowledge that bedtimes can fluctuate over the summer months, as overnight camps, vacations, and lazy days can lead to the disruption of sleep routines." and "Verma also suggests avoiding heavy meals or screentime before bed. Showering, reading, or relying on another relaxing activity is better for winding down."

WRITE A CITATION FOR THE ARTICLE:

The Juice Staff. "Headed Back to School? Doctors Offer Tips on How to Rest Up." The Juice, The Juice Learning, 15 Aug. 2025, thejuicelearning.com.

## DURING THE READING

## CDC REPORT: OVER HALF OF AVERAGE US DIET IS ULTRA-PROCESSED FOODS

## WHAT DOES THE TEXT EXPLICITLY SAY ABOUT ULTRA-PROCESSED FOODS?

Ultraprocced foods have things like high fructose corn syrup, preservatives, and dyes.

## WHERE DOES THE TEXT SAY THAT?

"But add high fructose corn syrup, citric acid, caffeine, sodium benzoate, gum arabic, and Red 40, Yellow 5, and Blue 1 dyes (and five other ingredients), and you've got Mountain Dew Code Red, a UPF soda."

## WHAT INFERENCE CAN YOU MAKE ABOUT HEALTH IN RELATION TO ULTRA-PROCESSED FOODS?

People with diets of higher UPFs are more unhealthy than individuals eating less UPFs and more whole foods.

## WHAT PART OF THE TEXT OR GRAPH HELPED YOU MAKE THAT INFERENCE?

"Some UPFs have been shown to be fairly healthy in moderate amounts. They include whole grain cereals, low-sugar yogurts, and tomato sauces. Certain nut or bean spreads may also qualify." and "But eating too many UPFs has been linked to increases in heart disease, diabetes, and early death."

## WRITE A CITATION FOR THE ARTICLE:

The Juice Staff. "CDC Report: Over Half of Average US Diet is Ultra-Processed Foods" The Juice, The Juice Learning, 11 Aug. 2025, thejuicelearning.com.

## AFTER READING BOTH

WHAT TYPE OF EVIDENCE IS EASIEST FOR YOU TO FIND IN THE TEXT? WHY IS THAT THE EASIEST FOR YOU?

This is an opinion - they just need to explain their answer.

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HOW DO YOU MAKE SURE THAT THE INFERENCE YOU ARE MAKING IS BASED ON TEXTUAL EVIDENCE?

I ask myself if the evidence actually supports the inference I am making. If the evidence doesn't point to the inference, then it is not a good inference.

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WHAT CONNECTION CAN YOU MAKE BETWEEN THE TWO ARTICLES YOU READ?

Both of the articles were pertaining to health and important factors that affect our health.

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